

OSHER
LIFELONG
LEARNING
INSTITUTE

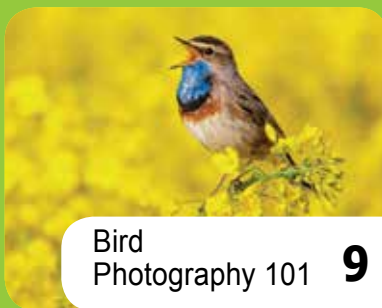
SPRING/SUMMER 2018
COURSE CATALOG



Division of Continuing Education

Explore Jacksonville This Season

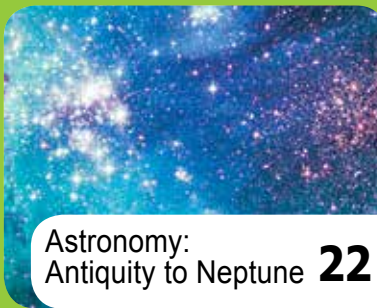
Get to know
your city's parks,
river and people.
Look inside now!



Bird
Photography 101 **9**



Hidden Treasures:
Show, Tell, Share **14**



Astronomy:
Antiquity to Neptune **22**



Jacksonville
Spirits Tour **26**

Affordable classes, activities and community for those 50 and better.

WE'RE PROUD TO SUPPORT LIFELONG LEARNING.



Call us at
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or Visit
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to learn more about our
programs or to request care.



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*This catalog is brought to you by
the OLLI program teams.*

OLLI AT UNF CHARTER TRAVEL

Road Scholar: Santa Fe and Taos A Tale of Two Cities

Visit enchanted places set amidst the majestic Sangre de Cristo Mountains. Adobe pueblos built by ancestral peoples still stand. Elegant Spanish colonial plazas serve as gathering places as they have for four centuries. Beautiful museums present works by artist-pilgrims who found inspiration in the land and the people. Your guides call Santa Fe and Taos home and are eager to take you on a journey of discovery. Learn not only what they share but also what makes each unique.

When: Oct. 15 – 21, 2018

Price: \$1,849 (pp double occupancy)
\$2,499 (pp single occupancy)

What's Included?

- 6 nights of accommodations
- 14 meals (6B, 4L, 4D)
- 2 expert-led lectures
- 10 expert-led field trips
- 1 performance
- An experienced group leader accompanies throughout the program
- Modest gratuities, taxes and destination fees
- Group travel and transfers throughout the program
- Road Scholar Assurance Plan (emergency medical evacuation, medical escort if required, motor vehicle to return home, assistance with lost/delayed baggage, lost/stolen/damaged baggage insurance, baggage delay insurance)

Exclusions

- Travel to/from venue hotel
- Optional trip protection (you cancel or experience delays)

Activity Level

- On Your Feet - daily walking up to two miles over varied terrain with inclines, standing for up to two hours, elevations at 7,000 feet.

Registration

At least one in a traveling pair must be an OLLI member.
Email unfolli@unf.edu to express interest.

**Explore the jewels of
northern New Mexico!**



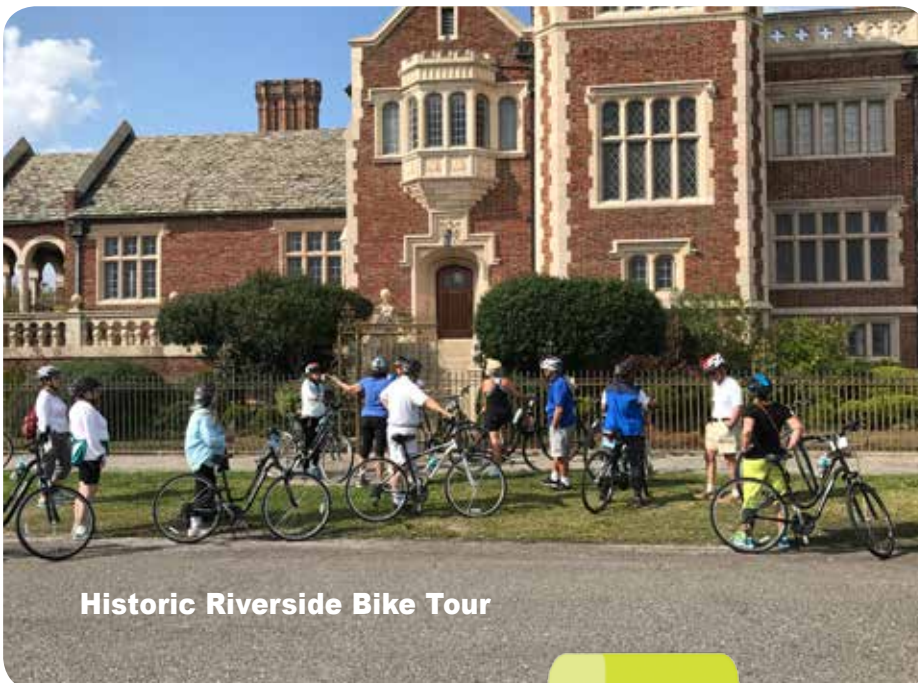
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OLLI Courses

**Classes are organized by weekday,
then listed in the following order:**

- Day of the week
- Calendar date
- Time of day
- Alphabetical by title

**Different formats and course options provide
many different ways to learn.**

NEW NEW

Courses offered for the first time or with new content.

ED-ventures NEW: ED-VENTURE

Courses take place at locations all around town.
Check course descriptions for details.

Explore More EXPLORE MORE

Courses that combine classroom and out-of-classroom
experiences over multiple sessions.

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**When you learn what you love,
you'll love what you learn.
Join OLLI for only \$50 per year.
See page 35 for details.**

OLLI AT UNF

Visit Tommy G's

Did you know as an OLLI member you have access to the UNF Thomas G. Carpenter Library?

Look to your UNF library for lectures, learning and art! Want to learn more?

Be sure to attend one or more of these special classes.

NEW!

Jacksonville's Contemporary Art History: Art in the UNF Library Tour

Fridays, April 6 **OR** May 4 **OR** June 1 **OR** July 6 **OR** Aug. 3, 3 to 4 p.m.
1 session (each), \$20 (Fee includes UNF parking pass)

Location: UNF Thomas G. Carpenter Library

Learn about Jacksonville's rich art legacy through original works created by Northeast Florida artists and professors. UNF's Thomas G. Carpenter Library features a collection of more than 140 examples in a variety of media. Join us for a delightful walking tour of our community's indigenous art history encompassing paintings, sculptures, glass, photography, mixed media works and site-specific installations. Venue is fully accessible. Transportation is on your own.

Instructor: Jen Jones Murray, p. 32

OLLI at the Library

Tuesday, May 1, 2018, 10:30 a.m. to noon

1 session, \$20 (Fee includes UNF parking pass)

Location: UNF Thomas G. Carpenter Library

Become a savvy OLLI member. Learn to access the Thomas G. Carpenter Library at UNF as a member benefit. Tour the recently renovated Library Commons. Acquire the know-how you need to access resources at the library and from home. Venue is fully accessible. Transportation is on your own.

Instructor: Lauren O'Shields Newton, p. 32

NEW!

Fake News: Can You Avoid It?

Thursday, Aug. 9, 1:30 to 3 p.m.

1 session, \$20 (Fee includes UNF parking pass)

Location: UNF Thomas G. Carpenter Library

Need help identifying misinformation? Discover which questions to ask and sources to check in order to evaluate information. Learn how to tell the difference between accurate news and fake news. Program combines presentation, practice and conversation. Venue is fully accessible. Transportation is on your own.

Instructor: Lauren O'Shields Newton, p. 32



John Bunker, Winged Victory:
Memorial Park, acrylic on canvas



Carole Mehrtens,
Koi I,
watercolor on paper



Laird, Los Suenos,
photograph on iridescent papers

All photographs
courtesy of
Ryan Fairbrother

THANK YOU



OLLI's partners in lifelong learning

Keep OLLI at UNF Soaring

You can help our members and UNF students achieve their full potential through a planned gift to UNF. Whether through a bequest in a will, life insurance, retirement assets or a charitable gift annuity, your gift will help them soar to new heights.

To learn more about planned giving at UNF, contact Liz Iglesias, director of planned giving, at liz.iglesias@unf.edu.



University Development and
Alumni Engagement





Most classes take place at the University of North Florida Adam W. Herbert University Center 12000 Alumni Drive, Jacksonville, FL.

See course description for date, time and location.

COURSES at UNF

Mondays

Master the Masters: Adventures of a Symphonic Detective

April 2 – May 28, 1:30 to 3 p.m.
4 sessions, \$40

Dates vary according to the Jacksonville Symphony Masterworks schedule. A collaboration with Beaches Residents Actively Supporting the Symphony (BRASS) and the Jacksonville Symphony (JSym).

Maximize your enjoyment of the JSym's 2017-18 season with classes, analyzing each of the Masterworks Series. The Monday prior to the weekend concert, you will put the performance under the microscope. Learn about musical elements, time, place, people and politics in a conversational, interactive atmosphere designed to bring the music to life. Course features cameo performances by JSym musicians. Content is new each term.

APRIL 2: Brahms and Bruckner
APRIL 23: Classical Conversations
MAY 14: American Landscapes
MAY 21: Twilight of the Gods

Instructor: Lynne Radcliffe, p. 22

NEW!

Bird Photography 101

April 2 – 16, 9:30 to 11 a.m.
Field trip: April 9, 9:30 to 11 a.m.
3 sessions, \$35

Are you a novice or experienced but disappointed in your results? All skill levels and types of equipment are welcome. Your instructor is an avid wildlife photographer who shares his tips for settings and gear as well as his location secrets. Concentrate on technique and camera settings in the first class. Take a field trip to a local birding hot spot and practice under the instructor's helpful tutelage in the second. Debrief with fellow photographers over a Dutch-treat lunch. For the third session, you return to campus for a recap and sharing session that allows plenty of time for questions and answers.

Required: Digital SLR (DSLR) or mirrorless camera with telephoto lens

Instructor: Gary Whiting, p. 34



NEW!

Keeping America Safe: Current National Security Issues

April 9 – May 14, 9:30 to 11:30 a.m.
6 session, \$60

Protecting America is at the top of every president's agenda. However, there is no generally accepted description of what that means. This lecture and discussion course looks at threats, both foreign and domestic, which challenge our system of government. Compare the danger of the threats with the resources expended countering them. Instructor suggests selected readings.

Instructor: Samuel Hart, p. 29

Origami for Beginners

April 9 – 30, 9:30 to 11 a.m.
4 sessions, \$40

Create your own unique, fun objects using origami. Learn the art and basic folds through simple models. Internet resources support your ongoing learning. Origami stimulates both sides of the brain and refines memory, eye-hand coordination and ability to concentrate on a specific task. The emotional satisfaction it provides as a calming, creative outlet is an added benefit.

Instructor: Cindy Dobelstein, p. 28

Tai Chi for Health and Vitality

April 9 – 30, 9:30 to 11 a.m.
4 sessions, \$40

Improve your balance and flexibility, increase your strength and reduce stress through practice of an ancient Chinese martial art now adopted as a gentle form of exercise. Learn basic movements and sequences that you can use as a form of healthy, meditative activity for the rest of your life. Consult with your doctor and do not enroll if you are uncertain about your ability to participate.

Instructor: Sue Lamb Myers, p. 32

NEW!

Eastern Bluebirds: A Comeback Story

April 9, 11:30 a.m. to 1 p.m.
1 session, \$20

Bluebirds are variously associated with concepts of happiness, good health and hope in North America. Native Americans presented the bird in their art, folklore and other oral traditions. While the bluebird was once as common as the robin, they became so rare that birders were sure it was inevitable to become extinct. Learn more about those resilient creatures including how to attract them to your yard and safely host nesting families. Your instructor is a member of the Florida Bluebird Society and on staff at Wild Birds Unlimited.

Instructor: Gary Whiting, p. 34

NEW!

Astrophysics for Beginners

April 16 – May 7, 11:30 a.m. to 1 p.m.
4 sessions, \$40

Accelerate your understanding of what comes next in the field. Focus on several chapters of a bestselling book by an acclaimed scientist who prepares you for the next cosmic headlines. Topics include the Big Bang, black holes, quarks, quantum mechanics and searches for planets and other life in the universe. Bring your curiosity. Both your instructor and the author keep material absorbing and accessible to general audiences. No prior knowledge is required.

Recommended: “Astrophysics for People in a Hurry” by Neil deGrasse Tyson

Instructor: Alan Gleit, p. 29

NEW!

Ruby-throated Hummingbirds: Nature’s Little Gems

April 16, 11:30 a.m. to 1 p.m.
1 session, \$20

Learn about those amazing migratory creatures from a master naturalist and wildlife photographer who works at Wild Birds Unlimited. The birds can’t walk but they journey more than 3,000 miles each year! Their flight is lightning-quick. When they hover, their wings beat more than 50 times per second. The species is the only one of its type that breeds in eastern North America. Jacksonville boasts of many prime nesting areas. Acquire the knowledge to attract them to your yard including the selection of native plants and nectar feeders.

Instructor: Gary Whiting, p. 34



NEW!

Theodore Roosevelt: His Life and Times

April 16 – May 14, 11:30 a.m. to 1 p.m.
5 sessions, \$45

Roosevelt, our 26th President, was a statesman, author, explorer, soldier and naturalist. Learn about that man of his times who led America in new directions. Understand Roosevelt’s privileged yet challenging upbringing. Explore how living a strenuous life strengthened not only his health but also his resolve. Chronicle his unusual rise to power. Absorb the rise of American imperialism, the contemporary climate of racism and the dawn of the Progressive Era. Appreciate his role in establishing our national parks. Your participation is welcome in this lecture and discussion class. Your instructor shares helpful materials to extend your learning.

Instructor: Joe O’Shields, p. 32

NEW!**Understanding White Privilege**

April 23 – 30, 9:30 to 11 a.m.
2 sessions, \$30

Come with an open mind and open heart to define and clarify white privilege. Undertake thoughtful dialogue in a respectful tone. Explore opportunities to mitigate its impact in this interactive course.

Recommended: “White Like Me: Reflections on Race from a Privileged Son” by Tim Wise

Facilitator: Rita Brodnax, p. 27

**Studio Painting:
Oils and Acrylics**

April 23 – July 2, 11 a.m. to 1 p.m.
(No class May 28)
10 sessions, \$85

Enhance your studio painting skills. Experiment with painting techniques. Explore the use of color. Whether you are a beginner or seasoned artist, this is an opportunity for studio time and expert critique.

Required: Student purchase of materials from instructor’s list

Instructor: Maureen Kirschhofer, p. 31

NEW!**Tudor Tactics: How Historical Monarchs Invented Modern Branding**

May 21, 9:30 to 11:30 a.m.
1 session, \$25

While today’s corporate and personal brands are complex and sophisticated, effective branding can be traced back to the ancient Greek philosopher Plato. Boost your knowledge of how monarchs through the ages including those of the Tudor and Stuart dynasties developed strong personal brands. Learn how those brand identities figured in life and death scenarios. Compare tactics of historical and modern brands. Discover why personal branding is on the rise, what constitutes an effective brand and how 10 exemplary leaders from ancient

Egypt to the Victorian era informed the science of modern branding. Join us for an entertaining program embellished by beautiful works of art. Your questions and perspectives are welcome.

Recommended: Student purchase of instructor’s “Brand Yourself Royally in Eight Simple Steps”

Instructor: Nancy Blanton, p. 27

**Introduction to Editing
with Photos for Mac**

June 4 – 11, 11:30 a.m. to 1 p.m.
2 sessions, \$30

Formerly iPhoto, Photos for Mac is Apple’s organizing and editing software for the laptop or desktop computer. Learn file organization tips from a seasoned photographer and how to organize thousands of images for rapid retrieval. Review the basic steps of making adjustments to images and exporting them for use in other projects. Experience is not required. This is a good overview course to take if you already have Photos for Mac or iPhoto installed and would like a little hands-on experience.

Recommended: Bring MacBook laptop if you have one

Instructor: Gary Whiting, p. 34

**Share Your Photos
with Flickr and Google**

Aug. 6 – 13, 11:30 a.m. to 1 p.m.
2 sessions, \$30

Swimming in photographs that just beg for organization? Worried that you’ll lose them when your Mac or PC crashes? Eager to share your photographs and travel memories securely with family, friends or other photographers and travelers? Learn to make albums and collages. Discover methods for uploading, managing and sharing your photographs or picture galleries. Your instructor is a seasoned photographer who demonstrates tools in real time.

Recommended: Bring laptop or tablet

Instructor: Gary Whiting, p. 34

Tuesdays

**Photographer’s Walkabout at
UNF’s Sawmill Slough**

April 3, 9 to 11:30 a.m.
1 session, \$30

(Fee includes parking pass)

Gather to share your passion for photography and nature in a 382-acre preserve noted for its beauty and wildlife. Immerse yourself in a wetland habitat that is also a longleaf pine and turkey oak woodland on the west side of campus. Your instructor is a seasoned photographer and master naturalist, who’s ready to guide you whether you want to practice your technique or obtain advice. Debrief over a Dutch-treat lunch to discuss cameras and nature. An alternative date may be announced depending on weather conditions.

Required: Digital SLR (DSLR), mirrorless or point-and-shoot camera (no iPhones, please), moderate walking, comfortable shoes and dress for the weather

Instructor: Gary Whiting, p. 34

Current Events

April 3 – June 26, 9:30 to 11:30 a.m.
13 sessions, \$105

OR July 3 – Sept. 4, 9:30 to 11:30 a.m.
10 sessions, \$85

In this lively course, students discuss topics of interest drawn from readings and other media of the day. Each week, students bring at least one newsworthy article of interest to present to the class. The facilitator assists by keeping the discussion of the topic on track and open to all. Enroll for each session separately.

Facilitator: Jay Melesky, p. 32

Discover the Secrets of Feng Shui

April 10 – 17, 11:30 a.m. to 1 p.m.
2 sessions, \$30

Connect with ancient wisdom to improve modern living. Create harmony and balance in your life through the art of placement. Learn about the bagua, a symbolic map, and its use. Discover the story your space tells. This overview is a pre-requisite for more advanced classes on the topic.

Required: Student purchased three-ring notebook for materials supplied in class, home or office floor plan or footprint or copy of your property survey.

Instructor: Gabriele Van Zon, p. 34

NEW!

Floridanos, Menorcans, Cattle-Whip Crackers: Poetry of St. Augustine

April 10 – 17, 11:30 a.m. to 1 p.m.
2 sessions, \$30

The truth is often more interesting than fiction! Meet the mullet-netting, datil pepper-growing, pilau-eating, rum-running characters that gave Northeast Florida color from the years following the Civil War to the Civil Rights Movement. Your instructor wraps their bold, humorous and sometimes heart rending oral traditions into poetry and local history. Gain an insider's street level perspective of anthropology and religion. Learn how Prohibition worked locally. Consider the Menorcan pedigree and the incognito Menorcan. Appreciate differences in life in St. Augustine before and after the seminal year of 1964.

Recommended: \$16 payable to the instructor for her book, "Floridanos, Menorcans, Cattle-Whip Crackers: Poetry of St. Augustine"

Instructor: Ann Browning Masters, p. 31

Tai Chi: What's It All About?

April 17 – 24, 9:30 to 11 a.m.
2 sessions, \$30

Stretch your understanding of that wellness phenomenon's myriad of benefits, its historical roots and its differences from conventional exercise. Discover Tai Chi principles. Learn how it can help you achieve better balance and mobility. Class format includes lecture, discussion and demonstration. Enjoy the healing comfort of performing some basic Tai Chi movements. Course entails exercises and movements that may be difficult or even painful for people with certain pre-existing conditions. Consult with your doctor and do not enroll if you are uncertain of your ability to participate.

Required: Wear comfortable clothing

Instructor: Sue Lamb Myers, p. 32

Sex, Money and Vengeance: Motivations for Murder Mysteries in Historical Settings

April 17 – May 29, 11:30 a.m. to 1 p.m.
6 sessions, \$50

Explore the essential elements in well-regarded murder mysteries. Class format includes lecture, book critiques and discussion as well as experiential and interactive activities. Books and topics are new each term.

Instructor: Robert L. Gold, p. 29

**With OLLI,
you get to learn
what you've
always wanted
to learn.**

Remember Who You Are

April 17 – May 8, 1:30 to 3 p.m.
4 sessions, \$40

Unleash your tale! You've led an interesting life. Why not share that important dimension of your legacy? Your curriculum is designed to evoke memories and structure your unique story. Assignments help you begin the process in this highly participatory, interactive class. The only requirement is a willingness to write two-page essays and share them with fellow members.

Instructor: Susan D. Brandenburg, p. 27

NEW!

The Chemistry of Cooking

May 1 – 15, 9:30 to 11 a.m.
3 sessions, \$35

Why can't you put fresh pineapple in Jello? It's all about molecular chemistry. Examine what happens when you prepare foods. A few simple recipes illustrate scientific concepts. Consider what food labels reveal. Bring your curiosity to this lecture, demonstration and discussion class. No prior knowledge of chemistry is required.

Instructor: Paula Parker, p. 32



Experimental Painting: Acrylic Layering and Collage

May 1, 1 to 4 p.m.
1 session, \$40

Discover how to layer with acrylics, mediums, gels and pastes, and self-made papers. Learn to use the basic tools of art including color, massing and composition to develop forms. Course content is new each term.

Required: \$15 payable to instructor for supplies

Instructor: Bonnie Yales-Gibson, p. 34

NEW: ED-VENTURE

Historic Springfield Bike Tour

May 8, 9:30 a.m. to 12:30 p.m.
1 session, \$65 (Fee includes rental of hybrid bike and helmet)

Location: 1602 Walnut St., Jacksonville

Explore historic Springfield. Cited by Living Magazine called the "Comeback Neighborhood of the South," Springfield is a neighborhood with walkable, bikeable, quiet, shady and flat residential streets. Period homes date back to the late 1800s, many with front porches. Combined, those qualities contribute to the area's great neighborly feeling. Leigh Burdett, owner-operator of e2ride bike tours and ambassador for Jacksonville's Art in Public Places program, is your expert guide. She received a preservation service award from the City of Jacksonville in 2016 for her efforts to celebrate and promote the city's history. Debrief with fellow riders over a Dutch-treat lunch. We ride in drizzle but reschedule for more severe weather. Transportation is on your own.

Required: Stamina to ride 10 miles making frequent stops, dress for the weather including attire appropriate for bicycle riding

Coordinator: Cynthia Kastner, p. 30

If It's Tuesday, It Must Be Shakespeare

May 8 – June 26, 9:30 to 11 a.m.
8 sessions, \$60

Unleash your inner thespian! Take parts and read four plays. Act your parts in Henry V, Much Ado About Nothing, Julius Caesar and A Midsummer Night's Dream if you wish. Each class begins with introductory remarks and ends with discussion if time permits. Increase your understanding of Elizabethan English. Novices welcome.

Instructor: Richard Eason, p. 28

World War I: The War to End All Wars

May 8, 9, 15, 23, 29, 30 and June 12, 13 (Tues. and Weds.), 1 to 2:30 p.m.
8 sessions, \$60

Location: Fleet Landing, 1 Fleet Landing Blvd., Atlantic Beach

2017 marked the centennial of the United States' entry into WWI, one of the deadliest conflicts in history. Examine seminal military events and actions. Discover the key personnel who charted the war's tactics and progress as well as affected its outcomes. Course is the first in a series that concludes with WWII and the Pacific Theater. Your instructor has been awarded the title of brevet historian. Your only homework assignment for this class is to learn what that means.

Instructor: Wayne Heckrotte, p. 30

Learn the Basics of Texas Hold'em Poker

June 5 – 26
11:30 a.m. to 2 p.m.
4 sessions, \$45

Kenny Rogers' gambler declared, "If you're going to play the game boy, you got to learn to play it right." Learn the rules and etiquette for fixed limit, pot limit and no limit Hold'em poker. Distinguish between games for cash, in casino and tournament settings, and at home around the kitchen table. Understand card play and reading the community cards. Recognize the importance of table position, betting strategies, bluffing and managing your chips. Course designed as an introduction for new poker players or players with limited Texas Hold'em experience. Emphasis on weekly practice play and evaluation of possible outcomes.

Instructor: Bob Wagner, p. 34

Wildlife Travel on Five Continents

June 5 – 26, 11:30 a.m. to 1 p.m.
4 sessions, \$40

Unleash your sense of adventure and exploration. Learn about animals in the wild. Plan future travel or enjoy an armchair journey. Your instructor shares his experience planning wildlife trips based on the animals and environments he wants to see. Enrich your understanding of how factors such as timing, type of trip and level of adventure can impact plans. Course resources include pictures, maps, memorabilia and your instructor's recently published book.

Recommended: \$15 payable to the instructor for his book, "Searching for Predators"

Instructor: Sid Rosenberg, p. 33

NEW! **EXPLORE** **more**

Hidden Treasures: Show, Tell, Share

Tuesdays, June 5 – 19, 11:30 a.m. to 1 p.m.

**Field trip: June 26, 11:30 a.m. to 1 p.m.,
The Merrill House at Jacksonville Historical
Society, 314 Palmetto St., Jacksonville**

4 sessions, \$45

Are you a fan of PBS's Antiques Road Show? Did you inherit a treasure or two or find some in antique malls, flea markets or garage sales? Share stories in a mature reprise of show and tell. Are you an antique aficionado? Help fellow members learn more about their treasures.

Enhance your understanding of the history of antiques as well as the field of restoration. Define differences between antique, vintage and collectable items.

Explore ways to enhance your décor using such pieces. Enjoy clips from the PBS Antiques Road Show television show. Come ready to share your enthusiasm.

June 12 and 19

Present your treasures. Share stories of their value, uniqueness, collectability or sentimental importance. Bring small, less valuable items to class. Bring photographs of valuable and large items. Enjoy plenty of time for discussion, questions and answers.

June 26

Experience the beautiful, fully furnished historic James E. Merrill House, one of the largest and most architecturally significant 19th century houses in Jacksonville. Be transported back to 1903 and a lifestyle of limited plumbing and electricity. Both the two-story home and its furnishings reflect the popular Queen Anne and Eastlake Victorian design styles. Debrief with fellow members over a Dutch-treat lunch.

Note: Not fully accessible to those with mobility limitations

Coordinator: Marlene Kenney, p. 30



NEW: ED-VENTURE

New Orleans Jazz Brunch at Publix Aprons Cooking School

June 19, noon to 2 p.m.

1 session, \$50

Location: 10500 San Jose Blvd., Jacksonville

Raise your glass of wine to toast the chefs and share a meal with fellow foodies. Your venue is ideal for learning a bit and having some fun. Enjoy a demonstration-style lunch – the chefs develop the menu and do the cooking, while you enjoy the lunch with paired wines. Be entertained and maybe even inspired to cook a similar meal on your own. Feast on creole tomato crab cake benedict, grillades and grits, and bananas foster shortcake with pecan praline drizzle. Venue is fully accessible. Transportation is on your own.

Coordinator: Madeline Jorgensen, p. 30

NEW!

Bromeliads

July 17, 9:30 to 11 a.m.

1 session, \$20

Add an exotic, tropical and sun-kissed touch to your environment. Learn to select and care for those wonderful plants. Expand your gardening skills. Understand their water, light and soil requirements. Identify risks to plant health.

Instructor: Mary Longanbach, p. 31

NEW!

Carnivorous Plants

July 24, 9:30 to 11 a.m.

1 session, \$20

Learn to select and care for plants that derive nutrients by trapping and consuming insects, arthropods and protozoans. Understand their water, light and soil requirements. Identify risks to plant health.

Instructor: Mary Longanbach, p. 31

NEW!

Water Gardens

July 31, 9:30 to 11 a.m.

1 session, \$20

Enhance your surroundings with soothing sounds and distinctive plants. Choose an indoor or outdoor location. Learn to construct and care for your water garden. Select and care for plants that can thrive in that environment.

Instructor: Mary Longanbach, p. 31

Wednesdays

FREE MEMBER BENEFIT

Apple Users Group

April 4 **OR** May 2 **OR** June 6 **OR** Aug. 1, 11:30 a.m. to 1 p.m.

1 session each, FREE

Gather with other Apple technology users. Learn as a group to maximize your technology product's potential. Bring your questions and interests to a friendly, supportive environment. Enroll for each session separately.

Facilitator: Carolyn Godwin, p. 29

Forum on Current Issues

April 11 – May 23, 11:30 a.m. to 1 p.m.
7 sessions, \$55

Explore important contemporary topics each week to enhance your understanding of current issues and their impact on our lives. Participants select two topics each week. Relevant reading materials are distributed in advance of the next class. Topics range from current political, social, cultural and environmental issues or others that interest you. Discussion focuses on the implications of the issues for us and our society. Dialogue is always interesting, lively and engaging. Content is new each term.

Facilitators: Allan Silberman, p. 33 and Joan Silberman, p. 33

Mah Jongg for Beginners

April 11 – May 16, 11:30 a.m. to 1 p.m.
(No class May 2)

5 sessions, \$45

Learn a game that is both challenging and fun! Mah Jongg is played with tiles rather than cards. Strategy, skill and an element of luck are required to win. The game originated in China centuries ago and continues to be played worldwide. An added benefit is that it has been proven to be a powerful tool in maintaining and enhancing brain health.

Required: Advance purchase of 2018 National Mah Jongg League card, large print version recommended (\$9) from www.nationalmahjonggleague.org or by calling (212) 246-3052, allow three weeks for delivery

Instructor: Diane Solms, p. 33

NEW!

Alone with Arnold Palmer: Transcending What Tortures

Dates vary: April 18, 20 and 23, 11:30 a.m. to 1 p.m.

3 sessions, \$35

Arnold Palmer, nicknamed The King, is widely regarded as golf's greatest, most appealing and most impactful players. He recognized the sport's transformative power and once remarked, "What other people find in poetry, I find in the flight of a good drive." Improve your game and outlook through the study of his life and career. Your instructor finds spiritual inspiration in the endeavor. All golfers are welcome regardless of ability. Course is lively and thought provoking. Discussion is encouraged.

Required: General familiarity with Arnold Palmer

Recommended: "A Life Well Played: My Stories" by Arnold Palmer

Instructor: Warren Anderson, p. 27

NEW! EXPLORE more

Parks: Our Timeless Treasures

Tuesdays, April 4 – 25, Times vary

4 sessions, \$60

**(Fee includes UNF parking pass for
Sawmill Slough Preserve)**

Locations vary

Boost your appreciation and enjoyment of our parks. Jacksonville boasts of the largest urban park system in the United States. Its 80,000 acres are jewels in our city's emerald necklace. Be inspired to take advantage of those rich community assets! Learn how our parks were created, what they offer to the public and their future outlook. Presentations by recognized experts are complemented by guided field trips to selected parks, all within an hour of UNF. Walk trails at a slow pace over less than one mile. Shelter is available at most venues. Field trip transportation is on your own.

Required for field trips: Ability to walk safely on uneven ground

Recommended for field trips: Dress for the weather, sunscreen, bug spray, camera, binoculars, hat, walking stick

April 4

10 to 11 a.m.

Location: UNF

UNF President John A. Delaney shares insights about the Preservation Project Jacksonville. Created in 1999 during his tenure as mayor, the initiative was designed to protect environmentally sensitive lands, enhance public access to natural areas, manage growth and improve water quality. Each of the parks you'll visit during the course attest to the project's success.

Field trip: 11:30 a.m. to 1:30 p.m.

Location: Castaway Island Preserve,
2885 San Pablo Rd. South, Jacksonville

Parks Naturalist Supervisor Jean Schubert presents insights about that unique natural place. Explore the park on paved walking trails. Learn about the Intracoastal Waterway as well as the critters that call it home. Shubert is an alumna of UNF, a U.S. Navy veteran and a life member of the League of Environmental Educators in Florida.

Recommended: Sack lunch and beverage or sign up for a potluck weenie roast to debrief with fellow members



April 11

Field trip: 10 a.m. to 12:30 p.m.

Location: Camp Milton Historic Preserve,
1172 Halsema Rd. N., Jacksonville

Located at the city's western edge, Camp Milton preserves the remains of one of Florida's most important Civil War sites. Following the Battle of Olustee, Confederate troops advanced to McGirts Creek and laid siege to the Union army. General P.G.T. Beauregard arrived on the scene and designed a system of earthen fortifications nearly three miles long along the creek's west side. The site was occupied by 7,500 Confederates armed with 430 pieces of light artillery, making it the strongest field fortification built in Florida during the Civil War.

Named for Governor John Milton, the park encompasses not only an educational center that includes artifacts but also an authentic 1800s farmstead. Boardwalks with informative panels outline surviving earthworks of Beauregard's line and avenues of trees obtained from key Civil War battlefields. Numerous interpretive opportunities along the way are complemented by a reconstructed bridge and a 19th century house.

Complete your tour with a visit to the midpoint trailhead of Jacksonville-Baldwin Rail Trail. Part of a nationwide initiative to turn abandoned railroad lines into linear parks, Jacksonville's passes through 14.5 miles of rural areas abundant with plant life and wildlife before it terminates in the town of Baldwin. Debrief with fellow members over a Dutch-treat lunch at Cracker Barrel.

April 18

Field trip: 10 a.m. to 12:30 p.m.

Location: Fort Caroline National Memorial,
12713 Fort Caroline Rd., Jacksonville

Acquire new perspectives on the value, past, present and future of parks.

Tom Larson, a volunteer leader with the Sierra Club since 2000, co-chairs conservation for the Northeast Florida chapter of the Sierra Club. He serves on the boards of North Florida Clean Fuels Coalition, North Florida Land Trust and Scenic Jacksonville.

Kathy Stark, artist and author of "The Wilderness of North Florida's Parks," shares her efforts to raise awareness of nature's unspoiled local treasures through a presentation of her watercolors and maps. She graduated from Furman University with a B.A. in studio arts and attended the University of Florida for post-baccalaureate studies. Stark worked in the motion picture industry as a set designer, art director and production illustrator before resuming a career in the fine arts.

Recommended: Sack lunch and beverage to debrief with fellow members under majestic live oaks

April 25

Speaker presentations: 10 a.m. to noon

Location: UNF

Field trip: 12:30 to 1:30 p.m.

Location: UNF Sawmill Slough Preserve

Lori Boyer, current Jacksonville City Council member and former president, actively supports green spaces in our area. Gain insights about the challenges she anticipates in maintaining and developing our local parks.

Alyssa Bourgoyne, interim executive director of Groundwork Jacksonville, shares plans to restore and connect the parks and streams of Jacksonville's emerald necklace. Hogan's Creek, the S-Line Rail Trail, McCoys Creek and the Northbank Riverwalk on the St. Johns River are areas of focus. Residents in neighboring historic communities, particularly youth, contribute to fulfilling the mission to develop the 11-mile greenway into an attractive destination for all to enjoy.

Mark Woods, Florida Times-Union columnist, inspires you to journey to parks throughout Jacksonville. In 2011, he won the Eugene C. Pulliam Fellowship in 2011 that funded his sabbatical to research the future of national parks. The death of Woods' mother during his sabbatical inspired his book, "Lassoing the Sun: A Year in America's National Parks." Published in 2016, it received the gold medal for nonfiction at the 2016 Florida Book Awards. Woods shares his experiences and memories of nature's beauty and serenity. He recounts his remarkable connections to the great outdoors through treks to our national parks and subsequently, Jacksonville's. Woods' exploration of and advocacy for parks might encourage you to see more Jacksonville parks and do more to support them.

Celebrate your program's conclusion with a brief escorted excursion in UNF's Sawmill Slough Preserve. Learn about its role as a living laboratory that promotes student and faculty research and education as well as in protecting the unique biodiversity in a developing urban environment. In 2006, UNF President John Delaney designated the 382-acre natural area as a preserve that encompasses both wetland and drier habitats. That natural area protects natural water drainage, native plants and wildlife.

Recommended: Sack lunch and beverage to debrief with fellow members at picnic tables with picturesque views of Lake Oneida and lilting sounds from area wildlife

Coordinator: Jo Ann Hart, p. 29

NEW!

Women in Islam: Slaves, Sirens or CEOs?

April 18 – May 23, 11:30 a.m. to 1 p.m.
6 sessions, \$50

Unravel the myths, misconceptions and realities of women's issues in Islam from an American Muslim woman's perspective. Explore women's rights including education, marriage, inheritance, worship and hijab. Instructor recommends weekly readings to frame lively class discussions about current American Islam.

Instructor: Dilara Hafiz, p. 29

A History of Chocolate

April 18 – May 30, 1:30 to 3 p.m.
7 sessions, \$55

Join a proud chocoholic for a lecture and discussion class about that delectable confection. Chart chocolate's origins and importance in Mesoamerica. Aztecs greatly valued cacao seeds and used them as a form of currency. Spanish conquests resulted in chocolate's import to Europe and the development of English, Dutch and French colonial plantations. At least one professional chocolatier presents in class. Each student is required to prepare a chocolate item and the recipe to share with the entire class. The schedule is compiled in the first class.

Instructor: Robert L. Gold, p. 29

NEW!

Knit on the Net

April 25 – May 2, 1:30 to 3 p.m.
2 sessions, \$30

Learn about Ravelry, an online community of fiber artists who share ideas for playing with yarn. Access pattern information and practical tools for managing your knitting resources. Your instructor curates other sources of inspiration for you to explore. Bring your device. The bigger the screen, the better.

Required: Laptop or tablet and email account

Instructor: Karen Backilman, p. 27

Beginning Bridge III

May 2 – June 27, 10 a.m. to noon
(No class May 9)
8 sessions, \$75

Learning to play the modern game of bridge is fun. Course continues from winter 2018 and follows the American Contract Bridge League's (ACBL) curriculum. Learn by doing. Absolute beginners should wait for Beginning Bridge I in Fall 2018.

Required: Beginning Bridge II or equivalent and free, instructor-supplied ACBL book

Instructor: Faye Barkan, p. 27

NEW!

Fiction or Nonfiction? Cataloging the Bible

May 2 – 23, 11:30 a.m. to 1 p.m.
4 sessions, \$40

What is Biblical Inerrancy and how did it arise? Is the word fiction synonymous with false? Is the Bible the work of the Divine or humans? Was it a collaborative effort? What does historicity mean to the various communities of Bible students the world over? There are no easy answers on the subject. Leave class with more questions than when you started.

Recommended: Bring a Holy Bible to class

Instructor: Merrill Shapiro, p. 33

NEW!

Partners Bridge

May 2 – June 27, 12:30 to 2:30 p.m.
(No class May 9)
8 sessions, \$75

Accelerate your game. Develop team communication. Focus on modern bidding, play and defense. Register with a partner or your instructor pairs you up. Your partner doesn't need to be an OLLI member for this class. Join the bridge fun!

Required: Free, instructor-supplied ACBL book

Instructor: Faye Barkan, p. 27



**OLLI is more than a class
and more than travel.
We are volunteers
sharing what we love
with others.**

NEW!**The President's Book of Secrets: U.S. Intelligence Revealed**

May 2 – 23, 1:30 to 3 p.m.
4 sessions, \$40

Discover how the U.S. intelligence community gathers, analyzes and presents the most sensitive intelligence to the President. Take an interesting and entertaining journey behind the scenes. Learn about the President's Daily Brief, also known as the book. Discover the nuances of intelligence collection and analytic techniques. While the topic is of great interest, it is rife with much speculation and often suffers from misinformation and clutter. Let insiders be your guides.

Required: "The President's Book of Secrets: The Untold Story of Intelligence Briefings to America's Presidents from Kennedy to Obama" by David Preiss and "Superforecasting: The Art and Science of Prediction" by Philip E. Tetlock and Dan Gardner

Instructor: John Frketic, p. 28

Chess for Beginners and Beyond

May 9 – June 13, 1:30 to 3 p.m.
6 sessions, \$50

Explore the basics of a game rooted in noble culture and once dubbed the King's Game. Discover key strategies to develop and enhance your game-playing skills. New students learn the game and returning students advance their skills! Start or boost your knowledge in this highly interactive class. Advanced students assist the instructor.

Required: A chess set and "A Primer on Chess" by Jose R. Capablanca; students read first chapter prior to first class

Instructor: Michael Willner, p. 34

Creating a Garden That Is Good for the Planet and for You

May 23 – 30, 11:30 a.m. to 1 p.m.
Field trip: June 6, 11:30 a.m. to 1 p.m.,
Native Park, 3312 Park St., Jacksonville
3 sessions, \$35

Give bees a chance! Pollinators are responsible for one-third of every bite you eat. Their numbers are declining at an alarming rate. Make a tangible difference. Learn how home gardens, community gardens and the critters they support can create, improve and renew pollinator habitats. Assess what's in your yard. Discover how to make a pollinator-friendly garden that's easy, affordable and fun. Focus on strategies including plant selection and management. Your questions and perspectives are welcome in this interactive class.

Recommended: "Bringing Nature Home: How You Can Sustain Wildlife with Native Plants" by Doug Tallamy

Instructor: Sally Steinauer, p.

NEW!**Giving Ghosts a Voice: 1942 Nazi U-boat Attack in Jacksonville**

May 23, 1:30 to 3 p.m.
1 session, \$20

2018 marks the 76th anniversary Nazi submarine U-123's attack on the SS Gulfamerica less than four miles off the coast of Jacksonville Beach. Thousands watched in horror as the torpedoed vessel sank. Learn about a little known event that was one of the worst American homeland disasters before 9/11. Discover the impact of the Nazi U-boat attack campaign in the first three months of WWII. Content presented in multimedia format.

Recommended: "The Night the Nazis Attacked Jacksonville Beach" by Scott A. Grant

Instructor: Scott A. Grant, p. 29

NEW!**Life is Like a River: Navigating the Memoir Writing Rapids**

June 6, 11:30 a.m. to 1 p.m.
1 session, \$20

Boost your understanding of the memoir writing process through a systematic yet entertaining method. Your instructor is an award-winning author who has helped five people, including two WWII veterans, write their life stories. Learn how to begin, what to include and exclude. Gain insights into the research process and the best way to wrap up. Learn four things: the difference between autobiography and memoir; finding the emotional framework; using life's stepping stones to increase dramatic tension; and, borrowing elements from fiction to hook readers.

Required: Writing materials for exercises

Instructor: Vic DiGenti, p. 28

If You Don't Do It, Nobody Will: Organizing and Preserving Your Family History

June 6 – 20, 1:30 to 3 p.m.
3 sessions, \$35

Preserve and organize your family letters, photographs, documents, memorabilia and cherished items. Enhance their value to the next generation by conveying them as a collection rather than boxes of stuff. Class combines systems demonstrations with hands-on techniques designed to get you started. Instructor provides helpful resources. Class does not teach genealogical research.

Instructor: Judi Frazier, p. 28

NEW: ED-VENTURE

Drinking Water You Can Count On: JEA Main Street Lab and Water Plant

July 11, 9:30 to 11:30 a.m.
1 session, \$35

Discover an aging building's transformation into JEA's important laboratory. Learn about the facility's history and then tour the plant's operations. Gain insights about water plant functions, environmental testing and necessary controls. Debrief with fellow OLLI members over a Dutch-treat lunch. Venue is fully accessible. Transportation is on your own.

Required: Stamina to walk one mile, flat closed-toe shoes, long pants only, no skirts, dresses or shorts

Coordinator: Christine Lewitzke, p. 31

ED-VENTURE

The Courthouse Tour is Now in Session

July 18, 10 to 11:30 a.m.
(Excludes lunch)
1 session, \$35 (Fee includes parking)

Experience the Duval County Courthouse. Learn how it supports the work of the Duval County and Fourth Judicial Circuit courts. Tour public areas, hear stories about the building and converse with clerk of courts personnel in the jury assembly room. Visit ceremonial courtrooms that host high profile activities and events. Venue is fully accessible. Debrief with fellow members over a Dutch-treat lunch. Transportation is on your own.

Required: Physical stamina to get to and from venue and parking facility, business casual with comfortable walking shoes, full screening (metal detector and wand) of each participant and all items brought by them including cell phones and books

Prohibited: Cameras, selfie sticks, glass containers, weapons, blades, chemicals including mace, pepper



Duval County Courthouse

spray, potential weapons including nail files, letter openers, tweezers, silverware and tools

Coordinator: Laurel Conderman, p. 28

NEW: ED-VENTURE

Nursing Today

Aug. 8, 9:30 to 11:30 a.m.
1 session, \$35

(Fee includes parking pass)
Location: UNF Brooks College of Health

Dr. Lillia Loriz, UNF professor and director of the School of Nursing, shares insights about the University's first Flagship Program, which has more than doubled in size since its inception in 2005. Nurses of all kinds – from bedside nurse to nurse practitioner to nurse anesthetist – are educated right here on campus. Tour learning environments in small groups to observe demonstrations that simulate everything from newborn delivery to administering anesthesia. Meet the up-and-coming generation of talented nurses. Learn why UNF's nursing program is at the top of its field. Debrief with fellow members over a Dutch-treat lunch.

Required: Walk short distances on level ground

Coordinator: Christine Lewitzke, p. 31

Thursdays

NEW!

Acrylic Painting for Beginners: Workshop

April 5 OR June 21, 8:30 a.m. to 5 p.m.
1 session (each), \$45

Calling all art beginners. Learn the fundamentals of painting with wonderful, easy to use acrylic paints in a day-long workshop. Instructor demonstrates best painting techniques, basic brushwork, simplified color theory, color scheme choices, good composition and how to achieve it. Format includes painting demonstrations, one-on-one coaching, informational handouts and learning by doing. Drawing skills not required. Enroll for each session separately.

Recommended: Sack lunch and beverage from home or purchase lunch from first floor café

Required: Student purchased materials listed on instructor's website, www.whitingstudios.com

Instructor: Anthony Whiting, p. 34



NEW! EXPLORE more

Chowtown: Jacksonville's Farm to Table Movement, Part II

**April 5 – 26, Times and locations vary
4 sessions, \$70**

**(Excludes \$25 fee payable to
UF/IFAS Duval County Extension)**

Engage with leaders in the local movement. Be inspired by their personal stories of how and why they became involved. Visit carefully selected area venues including some remarkable farms. Field trips introduce you to a variety of markets and resources including several that can help you produce your own food.

Recommended: “Animal, Vegetable, Miracle: A Year of Food Life” by Barbara Kingsolver for a good humored chronicle of one family’s efforts to live sustainably

Recommended for site visits: Comfortable walking shoes, hat, insect repellent, sunscreen, water, cash or credit card and a cooler for purchased products

APRIL 5, 10 a.m. to noon

Location: UNF

Enhance your knowledge of healthful food and its benefits. Heather Boarders, registered dietitian and CEO of Kailo Nutrition, and Lauren Titus, editor of Edible Northeast Florida, provide an overview of and context for Jacksonville’s thriving and growing farm-to-table movement. Discuss past, present and future trends. OLLI coordinators distribute relevant program resources including field trip directions, terminology and definitions, and a starter list of area resources. Consider field trip carpooling opportunities. Debrief with fellow members over a Dutch-treat lunch at Moxie Kitchen & Cocktails.

APRIL 12, 10 a.m. to 2 p.m.

Location: UF/IFAS Duval County Extension Office, 1010 N. McDuff Ave., Jacksonville

Revive made-by-hand agricultural traditions. Preserve seasonal fresh fruit as a traditional jelly. Create your own miniature herb garden to enjoy at home. Bring a soil sample from your garden for testing by extension staff. Debrief over a sack lunch and beverage.

Required for this session: \$25 payable to the extension office by cash or check for class materials

APRIL 19, 10 a.m. to 1 p.m.

Location: Congree and Penn, 11830 Old Kings Rd., Jacksonville

Visit a thriving rice farm that sells its products to acclaimed area restaurants including Restaurant Orsay, Black Sheep, Moxie’s Kitchen + Cocktails and 29 South. Founded in 2014, your venue is the only farm in Florida (and one of the few in the country) that mills its own rice. After planting more than 2,000 Mayhaw trees, it now boasts of being the largest orchard of its type in the world. Learn about continual innovations including new produce and products. Pick your own seasonal fruit. Sample their rice. Debrief over a sack lunch and beverage from home.

APRIL 26, 10 a.m. to 1 p.m.

Location: Peace of Heart Community, 14 A. South Roscoe Blvd., Palm Valley

Visit a property that has been transformed from an early settler’s home to a residential group home for young women with autism. Learn about curricula focused on engendering a sense of purpose and belonging. Tour the campus including the activity pavilion, arts studio and farm. Chickens, livestock and bees provide products for the residents and local fresh markets. Purchase seasonal organic produce and eggs. Debrief over an on-site Dutch-treat lunch.

MAY 3, 10 a.m. to 2 p.m.

Location: St. Augustine Distillery, 112 Ribera St., St. Augustine

Did you know that the Lincolnville neighborhood on the National Register of Historic Places is a center for locavores? Rype & Ready Downtown Farm Market has a European flair thanks to the farmer-owner, Jean-Sebastien Gros. Sample local foods as you learn more about its unique niche and product lines. Look for evidence of the building’s history as a transfer station, stagecoach garage and horse stables. Walk across the street to The Ice Plant, the state’s oldest commercial ice complex, now a popular restaurant. Hear about the structure’s careful restoration over a Dutch-treat lunch featuring local products. Conclude with a tour of the St. Augustine Distillery. Sample small batch, premium spirits. Area farming partners produce key components including sugar cane, wheat, corn and citrus. Cameras welcome.

Coordinators: Laurel Conderman, p. 28 and Christine Lewitzke, p. 31

NEW!

Astronomy: Antiquity to Neptune

April 19 – May 3, 1:30 to 3 p.m.
3 sessions, \$35

See the skies through the eyes of the antiquarians. Learn about the math, tools and instruments that promoted discovery from the Renaissance and Enlightenment into the 19th century. Take a close look at each era to understand advances in the field.

Instructor: T. Parkinson, p.

NEW!

Claude Debussy, Maurice Ravel and French Impressionism

April 19 – May 17, 1:30 to 3:30 p.m.
5 sessions, \$45

Boost your appreciation of music created between 1865 and 1925 in France. Learn how Debussy's and Ravel's relationships with Symbolist poets and Impressionist painters influenced their compositions. Enhance your listening skills and add dimension to your knowledge of cultural history through this interactive program.

Instructor: Richard Bobo, p. 27

NEW!

Jacksonville's Forgotten Decade: Intrigue, Murder and War in the 1890s

May 3, 9:30 to 11 a.m.
1 session, \$20

Discover stories of international intrigue, a sensational murder trial, and the Spanish American War. While the catastrophic fire of 1901 defines aspects of Jacksonville's history, the last decade of the 19th century is no less compelling. It began with several severe fires and ended with a devastating freeze. In between, the city hosted a controversial world championship boxing match, experienced a race riot and became home to a notorious madam. Don't miss this opportunity to learn more.

Instructor: Joel McEachin, p. 31

NEW!

Epigenetics for the Layperson

May 3 – 17, 11:30 a.m. to 1 p.m.
4 sessions, \$40

You began as a single fertilized egg cell but you are comprised of about 200 different cell types. So how did you get all these different kinds of

cells if they all have the same DNA? Epigenetics! Explore the mechanisms that allow brain cells to become different from blood cells and muscle cells. Is it possible that factors in your environment influenced the expression of genes in your children and grandchildren? Maybe. Curiosity is all that's required to delve into this exciting topic. No science background is necessary.

Instructor: Joan Bray, p.

Freedom Seekers: The Underground Railroads

May 3 – 24, 2:30 to 4 p.m.
4 sessions, \$40

Discover some perils that freedom seekers faced as they sought liberty. Informative presentations are complemented by interactive components in addition to discussion, questions and answers. Learn about journeys to and from the north and south.

Recommended: \$10 payable to the instructor for her book, "The Journey South to Freedom"

Instructor: Meltonia Young, p. 34

FREE MEMBER BENEFIT

Inside OLLI

May 10, 11:30 a.m. to 1 p.m.
1 session, FREE

New to OLLI? Don't miss this orientation program. Longtime member? Learn about OLLI's evolution, how it works and its national context. Learn what OLLI at UNF is doing to ensure its long term health and viability.

Facilitators: Pamm Eutsler, p. 28 and Nancy Sticht, p. 34



EXPLORE more

Rolling with the St. Johns River

May 10 – 24, 10 a.m. to noon (Excludes lunch)
3 sessions, \$80

**Location: Jacksonville University's
Marine Science Research Institute,
2800 University Blvd., Jacksonville**

Intensify your knowledge of the river, its history and current state. Local experts and advocates share the river's beauty and fragility, as well as its importance to our area's quality of life and economy. Your classrooms are Jacksonville University's LEED Gold-certified Marine Science Research Institute (MSRI), also home of the St. Johns Riverkeeper and the R/V Larkin, JU's research pontoon boat. Class sessions are fully accessible. You must be able to step down onto the boat and onto the dock to participate in the boat trip. Transportation is on your own. Cameras welcome.

Recommended: Debrief after each session over a sack lunch and beverage from home on MSRI's covered deck overlooking the river

MAY 10

Welcome and introduction to the river by Dr. Quinton White, executive director of JU's Marine Science Research Institute. Explore the area's early native people and European settlers with Dr. Keith Ashley, UNF's adjunct professor of anthropology and coordinator of archaeological research.

MAY 17

Examine marine life. Dr. Quincy Gibson, assistant professor of biology at UNF, focuses on urban dolphins. Nadia Gordon, marine mammal research biologist with the Florida Fish and Wildlife Commission's Fish and Wildlife Research Institute, shares timely insights about manatees and other wildlife.

MAY 24

St. Johns Riverkeeper, Lisa Rinaman, reports on the state and future of the river onboard the R/V Larkin.

Coordinator: Howard Taylor, p. 24



NEW!

Painting Cuba

May 10, 1:30 to 3 p.m.
1 session, \$20

Boost your knowledge of Cuba. In 2016, Eric Rhodes, publisher of *Plein Air* and *Fine Art Connoisseur* magazines, invited 100 prominent American artists to paint there en plein air. Your presenter was selected to participate. He shares his enlightening, surprising and inspiring experiences of Cuban people, history, architecture, food, music and its art community.

Instructor: Paul Ladnier, p. 31

NEW: ED-VENTURE

Tour the Duval County Supervisor of Elections

May 17, 10 a.m. to noon
1 session, \$35

Location: Duval County Election Office Warehouse and Training Center, 1 Imeson Park Blvd., Bldg. 100, Jacksonville

Your Elections Office is committed to preserving liberty and the right to vote for all. They are responsible for honest, fair, accurate and accessible elections with transparency and integrity. Learn

how that office executes its mission in a county of more than 600,000 voters. Increase your confidence in the voting process. Gain insights about what happens between elections. Consider the importance of an accurate voter database in ensuring fair elections. Debrief with fellow members over a Dutch-treat lunch. Venue is fully accessible. Cameras are welcome. Transportation is on your own.

Required: Wear comfortable shoes, mobility to stand and walk throughout tour

Coordinator: Mary Beth Koechlin, p. 31

Codes, Ciphers and Deception

May 17 – June 14, 1:30 to 3 p.m.
5 sessions, \$45

Stretch your knowledge of secret, hidden and secure communications through the ages. Learn the many and little known impacts on world history. Examine Mary – Queen of Scots, Room 40, Enigma and Fortitude South. Discover public key security.

Recommended: “The Code Book” by Simon Singh, “The Code Breakers” and “Seizing the Enigma” by David Kahn

and “Bodyguard of Lies” by Anthony Cave Brown

Instructor: T. Parkinson, p. 32

Beginning French: Level IV

May 24 – June 14, 11:30 a.m. to 1 p.m.
4 sessions, \$40

Advance your beginning French language capacity. Improve your listening and speaking skills using dialogues, songs and simple conversations. Have fun speaking French! Course continues Beginning French: Level III offered in winter 2018. True beginners should wait until fall 2018 for Level I.

Required: Previous study of French, “See It and Say It in French” by Margarita Madrigal and Colette Dulac ISBN 13: 978-0451163479 and “Echo (Nouvelle Version): Livre De L’élève + DVDROM + Livre-web A1 2e Edition (French Edition)” by J. Girardet ISBN 978-2090385885

Instructor: Anne-Marie Lainé, p. 31

Hiking the Appalachian Trail at 56 Years Old

May 24, 1:30 to 3 p.m.
1 session, \$20

Join a virtual 189-day hike of the Appalachian Trail’s 2,182 miles through 14 states from Georgia to Maine. Learn how your speaker’s son joined her at mile 650. Together they decided on a through hike that made them the only mother and son duo to tackle the trail that year. Learn about the presenter’s hiking gear. Imagine the challenges and rewards of exploring one of our nation’s greatest wildernesses.

Instructor: Dawn Geer, p. 29

OLLI in Cuba



**OLLI's are going places!
It's more fun to travel
with friends.**



Intermediate French

May 24 – June 14, 1:30 to 3 p.m.
4 sessions, \$40

Enhance your knowledge of French through additional practice and learning. Songs, poems, recipes and other authentic materials supplement language study and practice in this multilevel class. Have fun speaking French! Course continues Intermediate French offered in winter 2018.

Required: “Latitudes 2: Methode de français A2/B1 (1CD audio) (French Edition)” by Régine Mérieux ISBN978-2278062508

Instructor: Anne-Marie Lainé, p. 31

Cheap Art

June 7 – 21, 11:30 a.m. to 1 p.m.
3 sessions, \$35

Create art with inexpensive materials! Explore subject matter, design ideas and a bit of art history. Enjoy some studio time. Create art using resources from around the house and a few inexpensive items from the local craft store. Content is new each term.

Required: Instructor emails supply list prior to first class

Instructor: Chris B. Fulmer, p. 28

The Real Motown Story

June 7 – 21, 1:30 to 3 p.m.
3 sessions, \$35

Boost your knowledge of the Motown sound, its great musicians and talented singers. Learn why the record company landed 79 records in the top 10 of Billboard’s hot 100 chart between 1960 and 1969. The label’s popular music played an important role in the racial integration of popular music and the music business. Anticipate a few surprises.

Instructor: Rodney L. Hurst Sr., p. 30

Fridays

NEW: ED-VENTURE

Quick Start to Kayaking 101

April 20, 10 a.m. to 1 p.m.
(Excludes lunch)
1 session, \$80
(Includes equipment rental)

Calling all entry level paddlers to this introductory workshop. Learn the fundamentals of safe, enjoyable kayaking in Hanna Park’s calm, protected waters. Your instructors are Dennis Thompson, lead river guide and owner of Adventure Kayak Florida, and Jonathan Thompson, an ACA level 2 certified

kayaking instructor with the same firm. Emphasis is on safety, enjoyment and skill acquisition. Learn to properly fit and adjust your kayak as well as grip and control your paddle. Consider other safety issues including entering and exiting your kayak from shore. Perform basic strokes for movement and basic navigation maneuvers. Bring a sack lunch and beverage to debrief with fellow paddlers. Transportation is on your own.

Required: \$5 per vehicle park entrance fee, manage personal mobility independently throughout program

Recommended: Carpool, wear clothes and shoes that can get wet, bring extra attire, hats, sunscreen, bug spray, camera, waterproof bag or pouch for personal items

Coordinator: Diane Dyal, p. 28

NEW!

Power in Ancient Egypt: Exceptional Monarchs of the Nile

May 4 – 18, 1:30 to 3 p.m.
3 sessions, \$35

Discover ancient queens who ruled as pharaohs in Egypt, one of the world’s greatest nation states. Learn about Merneith, Sobeknefru, Hatshepsut, Nefertiti and Cleopatra VII who governed from the Old Kingdom era to the Ptolemaic dynasty. Chart the rise of Thutmose III, a celebrated military figure and Hatshepsut’s heir and pharaoh from 1479 to 1425 B.C.E. In the modern era, he was known as the Napoleon of Egypt. He conducted 17 military campaigns that formed the largest empire in Egyptian history. Amenhotep II, Thutmose III’s son and successor, ruled with his chief wife, Tiya, from about 1390 to 1352 B.C.E. They reigned Egypt together when it was the world’s richest, mightiest kingdom.

Instructor: Christianne Henry, p. 30

NEW!

Nobel Prize: An Idea that Changed the World

May 4, 9:30 to 11 a.m.
1 session, \$20

The Nobel Prize is acclaimed as the most prestigious award in the world. It is bestowed on individuals and organizations for contributions of "the greatest benefit to mankind." Appreciate the prize's origin, history and criteria parameters. Gain insights into the selection process and details behind the pomp and public ceremony. Discover why the prizes are awarded in two different locations. Learn about the venues and the prizes won by the laureates. Your instructor recently traveled to Norway and Sweden and shares what she learned.

Instructor: Georgia Pribanic, p. 32

NEW!

What is a Senior Care Manager? Why Should You Care?

May 4, 1:30 to 3 p.m.
1 session, \$20

Understand the role of a senior care manager (SCM). Learn about required qualifications and client assessments. Explore the benefits of engaging a SCM and the field's future. Your questions and perspectives are welcome.

Instructor: Lauren Austin, p. 27

**Explore
North Florida's
best kept secrets
with other OLLI
members.
It's much more
fun that way!**

ED-VENTURE

Sweet Pete's: Learn to Make Chocolate Bars Your Way

May 11, 1 to 2:30 p.m.
1 session, \$40 (Fee includes parking)

Location: 400 N. Hogan St., Jacksonville

Calling all candy and confection lovers! Your destination is the sweetest in our region. Tour the production facility then unleash your inner candy artist. Learn the art of tempering chocolate in a hands-on demonstration then create three unique chocolate bars loaded with decadent toppings. Feeling generous? Lavish your creations on a favorite mother since Mother's Day is just around the corner. Transportation is on your own. Venue is fully accessible.

Required: Mobility to travel between parking garage and venue, stamina to move between classroom and supplies on separate floors

Recommended: Casual dress

Coordinator: Laurel Conderman, p. 28

NEW: ED-VENTURE

Jacksonville Spirits Tour

June 22, 1 to 5 p.m.
1 session, \$80

Location: River City Brewing Company, 835 Museum Circle, Jacksonville

Enjoy a narrated bus tour through downtown Jacksonville and Riverside. Explore two of the area's most architecturally important churches. Learn about their otherworldly spirits. Revel in a magnificent organ demonstration. Your final stop features spirits of a different nature. Visit the city's newest distillery and enjoy a tasting of local specialties. Skip rush hour traffic by debriefing with fellow members over a Dutch-treat appetizer or meal. Transportation to and from meet-up location is on your own.

Required: Stamina and mobility to get on and off bus, walk and stand throughout tour

Coordinator: Laurel Conderman, p.



SPRING / SUMMER 2018 INSTRUCTORS

All OLLI instructors are volunteers. They take pride in sharing their knowledge with their fellow OLLI members.

Do you have a passion you would like to share?

Email Jeanette Toohey, director, at jeanette.toohey@unf.edu for more information.

Warren Anderson has taught golf as a transformative practice. He is currently writing a book about Arnold Palmer. Anderson is a civil and environmental lawyer who continues to practice law in Jacksonville. He graduated from Wake Forest College, Palmer's alma mater, and played on its golf team.

Alone with Arnold Palmer: Transcending What Tortures, p. 15

Lauren Austin obtained a master's degree in social work. After working with adolescents for several years, she completed a law degree and worked as a bankruptcy attorney for more than a decade. Six years ago, Austin returned to social work as a senior care manager. She has a passion for helping to advocate on behalf of those who cannot advocate for themselves.

What is a Senior Care Manager? Why Should You Care?, p. 25

Karen Backilman completed her undergraduate work in psychology at Simmons College and has master's degrees from Harvard and UNF. She has taught regular and special education, and served as teacher, media specialist and principal with Duval County Public Schools. Backilman has taught OLLI classes in knitting, mystery books and home organization.

Knit on the Net, p. 18

Faye Barkan is an American Contract Bridge League (ACBL) accredited bridge teacher. As bridge director at The Connection in Summit, New Jersey, she taught classes and ran weekly duplicate games. Barkan enjoys teaching bridge in sunny Florida.

Beginning Bridge III, p. 18
Partners Bridge, p. 18

Nancy Blanton is the author of award-winning novels based in Irish history. Her nonfiction book, "Brand Yourself Royally in 8 Simple Steps," won a president's silver medal from Florida Authors and Publishers Association in 2016. Blanton has worked as a journalist, magazine editor, corporate communications leader and brand manager.

Tudor Tactics: How Historical Monarchs Invented Modern Branding, p. 11

Richard Bobo holds degrees in piano performance and music literature. He taught for 35 years at S.U.N.Y. at Fredonia, Indiana University, Southwestern College in Kansas, and Northwest Missouri State University. Bobo also taught for 15 years in the lifelong learning program at Sinclair Community College in Dayton, Ohio. Bobo, his wife, Jana, and their pet cat, Pasha, recently moved to Jacksonville.

Claude Debussy, Maurice Ravel and French Impressionism, p. 22

Susan D. Brandenburg is a professional biographer who is privileged to help extraordinary people write legacy books. She is currently working on her 32nd biography.

Write Your Life Story, p. 12

Joan Bray holds a Ph.D. in biology from Perdue University. She was on the faculty at UNF from 1976 to 1999.

Epigenetics for the Layperson, p. 22

Rita Brodnax earned her doctorate in educational leadership focusing on curriculum and applying brain research to teaching, learning and communication. She has had culturally diverse and in-depth experiences in the education field, from teacher to administrator, professional development coordinator to consultant. Brodnax is passionate about creating engaging programs that find new ways to use your brain and provide real-world benefits.

Understanding White Privilege, p. 11



INSTRUCTORS

Laurel Conderman worked for more than 15 years as office manager in the Department of Pediatrics, University of Florida in Jacksonville before retiring in 2013. Her great enthusiasm for OLLI at UNF ED-ventures encouraged her to lead the team. Conderman also volunteers with the annual Congenital Heart Walk and her neighborhood civic association. She especially enjoys exploring our area's beautiful parks and natural places.

The Courthouse Tour is Now in Session, p. 20
Sweet Pete's: Learn to Make Chocolate Bars Your Way, p. 25
Jacksonville Spirits Tour, p. 26

Vic DiGenti turned to writing, his first love, after a successful career in broadcasting and producing the Jacksonville Jazz Festival. He is the author of eight novels including the Quint Mitchell mystery series. DiGenti is a ghostwriter and biographer who penned biographies of two WWII veterans, a retired Federal Communications Commission executive, a Jacksonville business man and a world class musician. He is executive vice president for the Florida Writers Association, group leader of the Ponte Vedra Writers and faculty chair for the 2017 Florida Writers Association conference.

Life is Like a River: Navigating the Memoir Writing Rapids, p. 19

Cindy Dobelstein is a native Floridian who retired in 2007 from a career with BellSouth in Atlanta. She was introduced to origami seven years ago during a difficult season of life. Since then Dobelstein has spent many satisfying hours creating fun objects from pieces of beautiful paper for grandchildren, family and friends.

Origami for Beginners, p. 9

Diane Dyal is a Jacksonville native who enjoys the outdoors. In 2001, Diane was fortunate to be involved in the formation of Untamed Adventures, an outdoor adventure group for women. Prior to retiring, Diane worked in management with Frank Griffin Motors for more than 30 years.

Quick Start to Kayaking 101, p. 25

Richard Eason is a retired Foreign Service officer. He has a lifelong passion for William Shakespeare's work, which he studied as a university undergraduate.

If It's Tuesday, It Must Be Shakespeare, p. 13

Pamm Eutsler is a native of St. Augustine. Early in her career she was an educator in childhood development. Later Eutsler was involved with global transportation logistics. Her passions are gardening, kayaking, photography and travel. Eutsler recently completed a walking trek of El Camino de Santiago, a 508-mile ancient pilgrimage route across northern Spain.

Inside OLLI, p. 22

Judi Frazier began her career as a bookstore manager, changed fields, and spent the next 30 years as a dental hygienist. Since retirement in 2012, she has pursued her hobby of genealogy. Over the past two decades, Frazier has developed simple organizing systems to preserve all the family photos, letters and documents she inherited. She is eager to share her passion for family history and lessons learned to aid you in preserving your family's history.

If You Don't Do It, Nobody Will: Organizing and Preserving Your Family History, p. 19

John D. Frketic is a retired Army intelligence officer. He spent 34 years on active duty with multiple combat tours including Vietnam, Operation Desert Shield/Desert Storm and Operation Iraqi Freedom. As an intelligence operator and analyst, he spent years working counterterrorism issues throughout the Balkans and the Middle East. Frketic is a graduate of the U.S. Army's prestigious School of Advanced Military Studies (SAMS) at Ft. Leavenworth, Kansas, and served as a National Security Fellow at Harvard's Kennedy School of Government. He has lived and traveled extensively throughout Europe, the Middle East, North Africa, and Southwest and Southeast Asia.

The President's Book of Secrets: U.S. Intelligence Revealed, p. 19

Chris Fulmer is a retired art professor and supervisor of the two-dimensional studio program at North Lake College in Irving, Texas. She has degrees in English, painting, art education and art history. Fulmer's art has been exhibited internationally. She created works for major hotels and spas, as well as the North Lake College station of the Dallas Area Rapid Transit system. Fulmer's latest endeavor is "Birds Wearing Clothes: Picture Book Full of Humorous Silly Birds" featuring her collages.

Cheap Art, p. 25

Dawn Geer is an avid hiker, camper, traveler and adventurer. Born in western North Carolina, she has always loved the mountains and outdoors. Geer is a physical therapist at St. Vincent's Medical Center Riverside. She has two grown sons.

Hiking the Appalachian Trail at 56 Years Old, p. 24

Alan Gleit received a Ph.D. in mathematics with a minor in physics. He was a professor for many years in various departments, including mathematics and statistics at multiple universities. Following his career as a tenured professor, he started a second career in risk management working for several large financial institutions.

Astrophysics for Beginners, p. 10

Carolyn Godwin purchased one of the first Macintosh computers in 1984 and has loved all things Apple ever since. She has a B.S. in textiles and merchandising. A native Floridian, Godwin has owned her own businesses, served as a school administrator and enjoyed more than 30 years of gleaning computer knowledge.

Apple Users Group, p. 15

Robert L. Gold is a retired professor of Latin American history as well as a writer and lifelong reader of murder mysteries. He has written a colonial city murder mystery series set in Savannah, Georgia; St. Augustine; and New Orleans, as well as historical works and a variety of other published articles, columns and stories in journals, magazines and newspapers.

A History of Chocolate, p. 18

Sex, Money and Vengeance: Motivations for Murder Mysteries in Historical Settings, p. 12

Scott A. Grant is a professional asset manager of more than \$90 million of investments. He's proud to be an amateur historian of North Florida events and cites research as a special mission. Many victims of domestic Nazi U-boat attacks went unreported so family and friends never knew the truth about their deaths. He is proud to be "giving those ghosts a voice."

Giving Ghosts a Voice: 1942 Nazi U-boat Attack in Jacksonville, p. 19

Dilara Hafiz has a B.A. in economics from Johns Hopkins University and an MSc in international political economy from The London School of Economics. She is well-versed in Middle Eastern women's issues and American Muslim culture. Hafiz teaches a class on Muslim culture and traditions at Jacksonville University. She has worked in a variety of European and Middle Eastern countries including England, Kuwait and Saudi Arabia as a writer, editor and educator. Hafiz co-authored with her two children, Yasmine and Imran, "The American Muslim Teenager's Handbook." She has a keen interest in interfaith issues. Hafiz currently serves on the board of Compassionate St. Augustine and formerly served as a vice president of the Arizona Interfaith Movement. She has published articles in the Huffington Post, Common Ground and the Religion News Service.

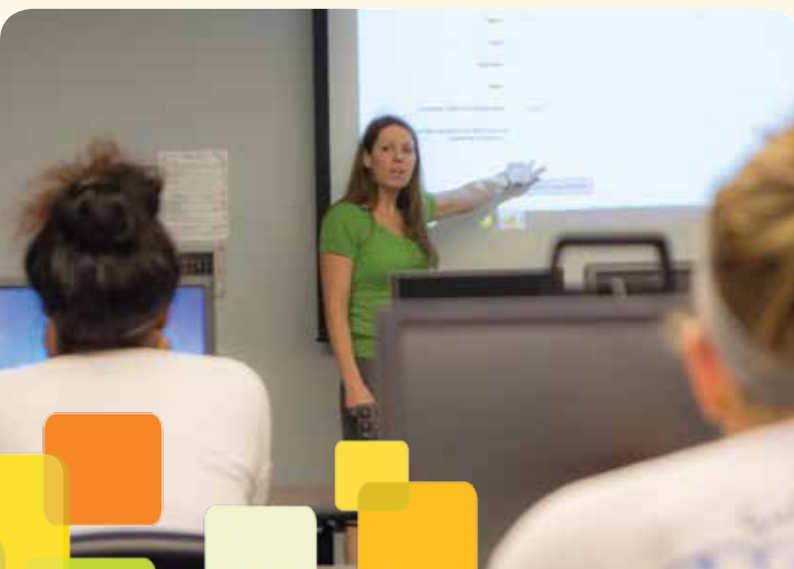
Women in Islam: Slaves, Sirens or CEOs? , p. 18

Sam Hall is a founding member and community outreach director of Omnisara Labyrinth and Gardens in Jacksonville Beach, Florida. He is a Veriditas-trained facilitator and ordained as an interfaith minister from One Spirit Interfaith Seminary in New York City. Hall focuses on men's spirituality using the labyrinth as a template for discussions, workshops and retreats. He has a degree in biology and chemistry.

Rediscovering the Labyrinth as a Reflective Practice, p. 9

Jo Ann Hart retired after a long career in banking. She has been an avid gardener since she assisted her father with his victory garden during World War II. Hart became a master gardener in Jacksonville 20 years ago. She became an expert on roses by planting dozens of bushes of various varieties in her yard with mixed results. Hart enjoys hiking with Sophie, her pug, and walking the beaches during turtle patrol. One of her proudest achievements is hiking eight miles in the Canadian Rockies two years ago. Hart and her team visited numerous Duval County parks to prepare this course. They're eager to share the best of their explorations.

Parks: Our Timeless Treasures, p. 16



INSTRUCTORS

Samuel Hart has experience as a soldier, diplomat and teacher. He holds degrees from the University of Mississippi, the Fletcher School of Law and Diplomacy and Vanderbilt University. Hart also attended the John F. Kennedy School of Government at Harvard. His military experience includes duty as a paratrooper and general's aide. For 27 years, he was a diplomat with the U.S. Department of State, serving overseas in Latin America, Southeast Asia and the Middle East. From 1982 through 1985, Hart served as U.S. ambassador to Ecuador. Since retirement from State, he has been a business consultant and lecturer on American foreign policy at numerous colleges and universities and for 15 years on cruise ships. Hart is active in the World Affairs Council and other volunteer organizations.

Keeping America Safe: National Security Issues, p. 9

Wayne Heckrotte welcomes to his classes both those who love history and those who think they don't. He is celebrating his 10th anniversary as an OLLI instructor. Heckrotte enjoys both informing and entertaining in his courses at UNF and its partner campuses.

World War I: The War to End All Wars, p. 13

Christianne Henry is an independent scholar in the field of Egyptology. She holds a master's degree from Johns Hopkins University and has taken graduate courses in Egyptology at the Ludwig-Maximilians-Universität, Institute für Ägyptologie in Munich, Germany. Henry was project coordinator at the Walters Art Museum in Baltimore for the re-installation of its Egyptian art galleries and served as head of its research library before retiring. She has presented numerous lectures on Egyptological subjects, both locally and internationally. Henry's enduring interests include the art, history and archaeology of ancient Egypt and ancient Sudan.

Power in Ancient Egypt: Exceptional Monarchs of the Nile, p. 25

Rodney L. Hurst Sr. served two four-year terms on the Jacksonville City Council. He also served on several local organizational and agency boards, including the executive board of the Jacksonville Branch of the NAACP. He received the Jacksonville Urban League's Clanzel T. Brown Award in 2008, Dr. Mary McLeod Bethune Visionary Award presented by the National Alumni Association of Bethune Cookman University and 2010 Jacksonville Branch NAACP President's Award. Hurst gave the keynote address at the 2010 City of Jacksonville's 23rd Annual Martin Luther King Breakfast. His award-winning book "It was Never About a Hot Dog and a Coke: Ax Handle Saturday," was produced as a documentary.

The Real Motown Story, p. 25

Madeline Jorgensen is a founding member of OLLI at UNF. She served on its advisory board and led its Activities Committee. Jorgensen is passionate about organizing interesting field trips for OLLI members, and continues to serve on the ED-ventures team.

New Orleans Jazz Brunch at Publix Aprons Cooking School, p. 15

Cynthia Kastner moved to Jacksonville in 2004 from New Jersey. She was a lawyer for AT&T, Western Electric and Lucent Technologies for 25 years. She is chair of the Board of Trustees at Christ United Methodist Church in Neptune Beach. Kastner served on the architectural review board for Queens Harbour and as vice president for activities for First Coast Newcomers. She received a B.A. in economics from Rutgers University and a J.D. from Seaton Hall Law School.

Historic Springfield Bike Tour, p. 13

Marlene Kenney, an interior decorator, owns Room Rescuer Decorating. She's passionate about incorporating family treasures and antiques in client home designs. Kenney's philosophy is that heirlooms represent heritage, memory and meaning. They should be displayed with pride because they represent who you are. Kenney writes a regular column for the Beaches Leader and contributed numerous articles to St. Johns Magazine and the quarterly newsletter of Beaches Habitat for Humanity. She teaches not only for OLLI but also new homeowners classes for Beaches Habitat for Humanity. Kenney also volunteers at the 7 North BEAM Thrift Store in Jacksonville Beach.

Hidden Treasures: Show, Tell, Share, p. 14

Maureen Kirschhofer began her working career as an art teacher in Buffalo, New York, after completing her B.F.A. at the University of Rochester and an M.S. in art education at the State University College at Buffalo. In 1981, she began a new career as an insurance agent for the Paul Revere Company. A Chartered Life Underwriter since 1991, Maureen has had a distinguished career in insurance and financial planning. She has held many positions and received many honors on local, state and national levels, including president of the Jacksonville Society of Financial Planners.

Studio Painting: Oils and Acrylics, p. 11

Mary Beth Koechlin retired in 2001 from the Financial Management Service, U.S. Department of Treasury. She was an AmeriCorps volunteer in Duval County for three years. In the 1960s and 70s, she worked in nonprofit and community organizations. Koechlin is a lifelong learner through her travel, friendship, reading, classwork, research and observation. She is a longtime OLLI member who enjoys supporting the ED-ventures team. Koechlin appreciates the educational resources that OLLI provides. They enrich daily living and motivate her continued participation.

Tour the Duval County Election Office, p. 24

Paul Ladnier, professor emeritus, taught painting and drawing at UNF for more than 40 years. He is an artist who travels extensively and paints on the spot wherever he goes. Equipped with Spanish language skills, Ladnier was eager to see Cuba first-hand and paint what he observed prior to changes that might arise as the result of eased U.S. travel restrictions.

Painting Cuba, p. 22

Anne-Marie Lainé was born and raised in France. As an educator, she has taught students of all ages and grade levels in France, Canada and the U.S. She holds a B.S. in science and education from Université du Québec Montréal and a master's degree in education from Curry College in Massachusetts. Lainé teaches water aerobics in the St. Augustine area.

Beginning French: Level IV, p. 24

Intermediate French, p. 24

Christine Lewitzke moved to Jacksonville after retiring from her second career at The University of Alabama's College of Continuing Studies. She joined OLLI at UNF in 2010. Lewitzke enjoys planning local and international travel that is off the beaten path.

Drinking Water You Can Count On: JEA Main Street Lab and Water Plant, p. 20

Nursing Today, p. 20

Mary Longanbach has been a Florida Master Gardener for 11 years. She enjoys sharing her knowledge with others to help them enjoy gardening as well.

Bromeliads, p. 15

Carnivorous Plants, p. 15

Water Gardens, p. 15

Ann Browning Masters is a poet, a Floridana, a Menorcan and a 12th generation Floridian. Her work has been published in anthologies and journals. Masters has presented at history and literary conferences as well as the Florida Folk Festival. Selected recorded readings are preserved at the State Archives of Florida. In 2015, Masters was knighted at the St. Augustine Easter Festival for her commitment to promoting St. Augustine's Spanish heritage.

Floridanos, Menorcans, Cattle-Whip Crackers: Poetry of St. Augustine, p. 12

Joel McEachin has worked for more than 30 years in the field of cultural resource management, predominately in local government but also with nonprofit organizations and the private sector. His experience encompasses the establishment and coordination of a municipal historic preservation program, provision of administrative support to a historic preservation commission and management of a design review process. In addition, McEachin researches and prepares reports for the designation of local landmarks and historic districts. Related experience includes completing or managing historic property surveys and the preparation of nominations to the National Register of Historic Places. He served as research associate for "Jacksonville's Architectural Heritage, Landmarks for the Future," contributor to "African American Architects, A Biographical Dictionary, 1865 – 1945," and author of "Jacksonville's Legacy, African-American Heritage Trail." He holds B.A. and M.S. degrees in anthropology and archaeology and a Master of Education degree.

Jacksonville's Forgotten Decade: Intrigue, Murder and War in the 1890s, p. 22

INSTRUCTORS

Jay Melesky worked for more than 40 years in banking and healthcare industries as an information technology specialist. He pursues his passion for history through extensive reading and travel, as well as by taking classes and seminars. Melesky believes that we never stop learning and that current events represent the perfect platform for continual lifelong learning.

Current Events, p. 11

Sue Lamb Myers has been an enthusiastic practitioner of Tai Chi for more than a decade. She has experience with numerous Yang style tai chi forms and the Cheng Manch'ing sword form. Myers studied with master instructors Ken Lo, Sam Tam, Paul Campbell and Ken Van Sickle.

Tai Chi for Health and Vitality, p. 9

Tai Chi for Your Aching Back, p. 12

Jen Jones Murray is marketing and community services coordinator for UNF's Thomas G. Carpenter Library. An advocate for education, culture and the arts, she was director of the Jacksonville International Airport art program; she managed its rotating exhibitions and coordinated the commission of permanent large-scale, site-specific, public art for the Jacksonville Aviation Authority. Murray has a B.A. from UNF and founded its Art in the Library Program. She has more than 20 years of experience leading arts businesses, place-making organizations and community-based programs. Murray received UNF's University of North Florida Outstanding Alumni Award in 2009, Jacksonville Business Journal's Top 40 Under 40 Award and Outstanding Neighborhood Business Leader by Riverside Avondale Preservation. The last award recognized her as the president of the Avondale Merchant Association for leading that historic neighborhood through its most recent restoration.

**Jacksonville's Contemporary Art History:
Art in the UNF Library Tour, p. 7**

Joe O'Shields is a practicing lawyer in Jacksonville. He has a lifelong love of history and earned degrees in that discipline from the University of South Carolina (B.A.) and UNF (M.A.). He is an active communicant at St. John's Episcopal Cathedral, has mentored an Education for Ministry class for 12 years and practices as a spiritual director. O'Shields enjoys riding his bicycle, practicing yoga and being a grandfather.

Theodore Roosevelt: His Life and Times, p. 10

Lauren O'Shields Newton is head of instruction at the Thomas G. Carpenter Library at the UNF. With 10 years of experience at UNF, she is well versed in the campus culture and available services. Newton's favorite thing to do is lead library users to information while instilling in them the confidence and skills to be able to find it again and again.

Fake News: Can You Avoid It? p. 7

OLLI at the Library, p. 7

Paula Parker moved to Jacksonville from Ohio. She taught in Florida, North Carolina and Ohio after receiving a Ph.D. in chemistry from The Ohio State University. She was active as a volunteer for nearly two decades during her childrearing years. Parker subsequently taught first-year college level chemistry. Students in those courses included a number of nursing and nutrition students. While she doesn't claim to have special cooking skills, she wants to understand why things can go wrong in the process.

The Chemistry of Cooking, p. 12

T. Parkinson holds a B.S. and a doctorate in physics. He spent five years studying planetary atmospheres at Kitt Peak National Observatory, followed by 23 years of applied physics in commercial product development and conducting contract research and development on underwater weapons for the Department of the Navy.

Astronomy: Antiquity to Neptune, p. 22

Codes, Ciphers and Deception, p. 24

Georgia Pribanic is a retired educator from the University of South Carolina. Her love of travel is reflected in her motto "Have bags will travel, or, if spur of the moment, no bags needed." Pribanic has lived throughout the U.S. and spent six years in the Netherlands. She has traveled throughout Europe, former communist controlled regions, Egypt, India, Kenya, and most recently the four capitals of Scandinavia.

Nobel Prize: An Idea that Changed the World, p. 26

Lynne Radcliffe is a musical educator, performer and composer. She serves as director of music at St. Paul's by-the-Sea Episcopal Church in Jacksonville Beach, adjunct faculty at UNF and program coordinator and teacher at the First Coast Community Music School. Radcliffe serves on the boards of the Beaches Fine Arts Series and BRASS, Beaches Residents Arising in Support of the Symphony. She received her bachelor's degree in music in piano performance from Memphis State University and pursued graduate studies in musicology at the University of



Memphis. Radcliffe was formerly a contributor to “Encore!,” the magazine of the Jacksonville Symphony, as well as a former host for the public radio program “WJCT Presents the Jacksonville Symphony.”

Master the Masters: Adventures of a Symphonic Detective, p. 9

Sid Rosenberg was bitten by the wanderlust bug at a very early age. Over the past 30 years, he has pursued his passion for travel and wildlife adventures in 85 countries. Rosenberg is a retired UNF professor of finance and real estate.

Wildlife Travel on Five Continents, p. 13

Merrill Shapiro attended the Jewish Theological Seminary of America in New York until selected to do research in Jewish Education for the Melton Institute at Ohio State University. He completed his rabbinic studies as a Jewish agency scholar at Hebrew University and served as a visiting scholar at Israel’s Yad Vashem Holocaust Memorial in Jerusalem. Shapiro has served congregations in Columbus, Ohio; Richmond, Virginia; Orlando; and Palm Coast, Florida. He was adjunct faculty at the University of Central Florida, has taught Road Scholar courses at Stetson University and currently serves as instructor of the Old Testament at St. Thomas Episcopal Church in Palm Coast. He is the immediate past president of the Board of Trustees of Americans United for Separation of Church and State (www.au.org), president of the St. Augustine Jewish Historical Society, president of the Democratic Club of Flagler County and past president of the Orlando and Richmond Virginia Boards of Rabbis. Shapiro and his wife, Robyn, are parents of two daughters and have five grandchildren.

Fiction or Nonfiction? Cataloguing the Bible, p. 18

Allan Silberman is a retired Foreign Service officer and experienced trainer who led classes in the U.S. and abroad. He served in the U.S. embassies in Brazil and Ecuador and in the U.S. Department of State in Washington D.C. He also established and led for six years the Alternative Dispute Resolution office at the U.S. Federal Election Commission where he resolved more than 120 disputes. As vice president for the American Arbitration Association,

Silberman directed its department of education and designed training in alternative methods for commercial, labor, community and international disputes. He is a graduate of Miami University and the University of Illinois and was a Fulbright scholar at the London School of Economics.

Forum on Current Issues, p. 15

Joan Silberman is a retired consultant and expert in the field of leadership and motivational training, sales management and customer service. She was vice president of Servus Financial Corporation, a Wells Fargo company. Silberman has a diverse background in the finance, manufacturing and publishing industries, and has worked in the private, public and nonprofit sectors. She is a skilled trainer, public speaker and facilitator. Silberman was inducted into the National Women’s Hall of Fame, and among other awards, was also the recipient of Washington Business Woman of the Year.

Forum on Current Issues, p. 15

Diane Solms retired in 2017 as senior director for curriculum and learning for St. Johns County schools. In retirement she enjoys teaching Mah Jongg in St. Johns County.

Mah Jongg for Beginners, p. 15

Sally Steinauer is a Florida master naturalist and has been a member of the Florida Native Plant Society for 12 years. She served as president of the society’s local Ixia chapter for two years and now serves as chapter ambassador. Steinauer was co-leader of Ixia’s restoration of the City of Jacksonville’s Native Park. That work received numerous awards including Outstanding Park presented jointly by the Riverside Avondale Preservation Society and the St. Johns Riverkeeper. In 2016, the chapter was honored by the Florida Native Plant Society with its 2016 Landscape Award for its work. Steinauer turned her green grass yard into one that is devoted entirely to native and Florida friendly plants particularly those that benefit pollinators.

Creating a Garden That Is Good for the Planet and for You, p. 19



Nancy Sticht spent more than 40 years as a human resources development and public affairs professional for the federal government before retiring in September 2014. She developed and conducted training in leadership, risk communication, media relations and public participation and led the development of several award-winning video and publication projects. A native of Buffalo, New York, Sticht holds a B.S. in communication and an M.S. in management of adult learning. She enjoys travel, reading, theater, photography and volunteering for OLLI as the Explore More programs team lead.

Inside OLLI, p. 22

Howard Taylor is a former ED-ventures team leader and has been involved as a member since retiring in 2009. His interest in the St. Johns River stems from his four years of service in the U.S. Coast Guard stationed on the Ohio and Mississippi rivers. Taylor loves living in downtown Jacksonville on the Southbank of the St. Johns.

Rolling with the St. Johns River, p. 12

Gabriele Van Zon is a feng shui master and a faculty member of the Feng Shui Institute of America. Her website fengshuiuniversal.com offers free newsletters and blogs. Van Zon has been teaching and consulting for 17 years.

Discover the Secrets of Feng Shui, p. 12

Bob Wagner retired as a petroleum industry engineer after 30 years and another six years teaching engineering internationally. He is an avid Texas Hold'em player and has taught the game for the past several years. Wagner plays weekly in a private club, regularly at the local poker rooms and in charity events. He has also played in U.S. world poker tournaments.

Learn the Basics of Texas Hold'em Poker, p. 12

Anthony Whiting is a professional artist who worked internationally as an architect and recently devoted himself to painting and teaching. His paintings are inspired by nature in all its forms. Whiting was the recipient of the first prize in Jacksonville's brAIDS ARTreach 2006 and was selected as the signature artist the following year. He also received the best of show award in 2013 at the Art-On-The-Green exhibition. Whiting exhibits his work in the U.S., England and France. He was recently honored as one of the top nine art teachers among nearly 180 in Jacksonville.

Acrylic Painting for Beginners: Workshop, p. 20

Gary Whiting is a freelance photographer, instructor and naturalist specializing in wildlife and landscape images. His vision is to capture uncommon moments that create unique works of art. He is often requested as a photo contest judge. Whiting also offers private photography and editing instruction as well as website consulting for anyone wanting to preserve and share their images with family and friends. He is a certified UF/IFAS Florida master naturalist. In that role, Whiting works to help the public understand environmental sustainability, connectivity and biodiversity in Florida's natural world. He has conducted numerous seminars for camera clubs and bird conservation organizations across Northeast Florida and is on staff at Wild Birds Unlimited.

Bird Photography 101, p. 9

Eastern Bluebirds: A Comeback Story, p. 10

Introduction to Editing with Photos for Mac, p. 11

Photographer's Walkabout at UNF's Sawmill Slough, p. 11

Ruby-throated Hummingbirds: Nature's Little Gems, p. 10

Share Your Photos with Flickr and Google, p. 11

Michael Willner grew up in southern California. He served in the U.S. Army during the Vietnam War. Willner graduated from Long Beach State with a degree in economics, and holds master's degrees in family counseling and vocational rehabilitation. Willner retired from Los Angeles County after serving as a fireman and an EMT. He moved to Florida to join his sister and parents, and he plays competitive tennis and bridge.

Chess for Beginners and Beyond, p. 19

Bonnie Yales-Gibson is a versatile artist and teacher, who works in most art media. She also taught painting and needlework on cruise ships for 12 years. Yales-Gibson is known for her art projects in synagogues, churches and other institutions.

Experimental Painting: Acrylic Layering and Collage, p. 13

Meltonia Young is a historian of African and African-American history. She was a Road Scholar presenter for the North Carolina Humanities Council. Young earned a B.A. in African-American studies and an M.A. in liberal arts with a concentration in African and American history. She is a retired optician who loves to travel.

Freedom Seekers: The Underground Railroads, p. 22



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